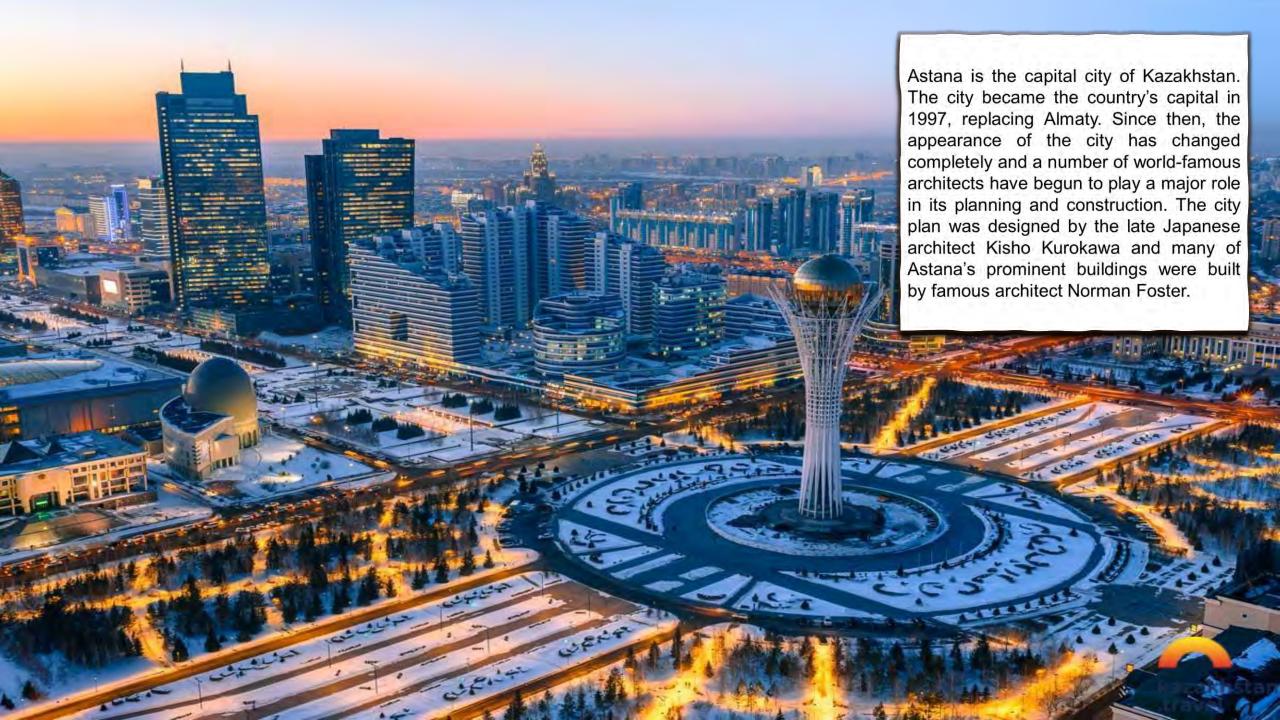


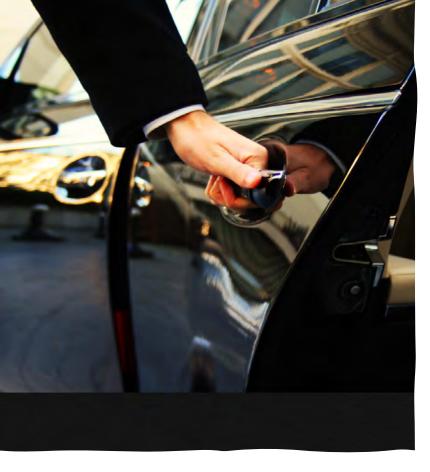
Where Great Journeys Begin...







## REACHING THERE







## ARRIVAL TRANSFERS

Book you any transfers with us.

Arrive in Astana.

We receive you on Tarmac and have your VIP Van ready to transfer you to VIP Terminal and Hotel.

# DESTINATION FEATURES

- WINTER AND SUMMER ACTIVITIES
- LEISURE AND RECREATION
- TOP CLASS DINING
- NO COVID RESTRICTIONS
   (Vaccination Passport and PCR-test are not required)





#### Dear All,

Please kindly check all tour programs, in case you want to combine several half day tour programs or to change the dates of the program, please let us know.

You can send us all your preferences and bookings at the following email: <a href="mb@etq.kz">mb@etq.kz</a>

WhatsApp: +7702 882 8225

Best regards, EMPIRE TRAVEL QAZAQSTAN



#### **HALF DAY TOUR – August 13, 2023, Sunday**

**Sightseeing tour in Astana. "Astana - the City of Peace"** - the sightseeing tour along the new part and the old part of the city (right and left bank of the River Yessil) with visits to the main attractions.

The program of the sightseeing tour includes visits to fascinating and iconic places of the capital.

During the tour the visitors will get acquainted with the history of the city, the architects who contributed to the development of the city! About life, culture and traditions of Kazakh people, future prospects of the city and much more.

Visiting EXPO-2017/ Nur Alem Pavilion. The architectural symbol of Astana EXPO- 2017 is Nur Alem, the central element of the Exhibition Complex and the Museum of Future Energy. It is one of the world's largest spherical building with the diameter of 80m and height of 100 m. Visiting Astana's Central mosque. Astana's Central mosque is one of the 10 largest mosques in the world, and occupies the area of 68 062 m<sup>2</sup>, able to house up to 235,000 people. The colossal building resembles an oriental palace, which construction involved over 1,500 builders and masters, who jointly created the most beautiful landmark of Astana.

Number of people	Price per person in USD
1	163
2	101
3	87
4	75
5	68
6	63
7	60
8	57
9 - 11	55
12 - 24	52
25 - 37	49
38 - 49	46

#### The price includes:

- Transport according to the program for 5 hours;
- English/Chinese/Russian/Spanish speaking guide;
- Entrance fees to all objects according to the program;
- Water 1 liter per person per day.

#### **Tour Price Excludes:**

- International and domestic flights;
- Food;
- Hotel accommodation;
- Any extra activities and services not included in the program;
- Personal expenses.

\*The price is subject to change, please, double check at the moment of booking.

\*\*EMPIRE TRAVEL QAZAQSTAN reserves the right to make changes to the program content if the circumstances so require.

#### HALF DAY TOUR – August 14, 2023, Monday

Sightseeing tour in Astana. "Astana - the City of Peace" - the sightseeing tour along the new part and the old part of the city (right and left bank of the River Yessil) with visits to the main attractions.

The program of the sightseeing tour includes visits to fascinating and iconic places of the capital. During the tour the visitors will get acquainted with the history of the city, the architects who contributed to the development of the city! About life, culture and traditions of Kazakh people, future prospects of the city and much more.

Visiting "Astana-Bayterek" monument. Astana Bayterek Monument is not only the main attraction of Astana but also one of the most significant symbols of Kazakhstan. The idea of creating the monument belongs to Nursultan Nazarbayev. Bayterek symbolizes the state that saved historical roots with a firm support and aspirations for the future prosperity.

Number of people	Price per person in USD
1	152
2	96
3	82
4	71
5	65
6	61
7	58
8	55
9 - 11	53
12 - 24	50
25 – 37	48
38 - 49	45

#### The price includes:

- Transport according to the program for 4 hours;
- English/Chinese/Russian/Spanish speaking guide;
- Entrance fees to all objects according to the program;
- Water 1 liter per person per day.

#### **Tour Price Excludes:**

- International and domestic flights;
- Food;
- Hotel accommodation;
- Any extra activities and services not included in the program;
- Personal expenses.

\*The price is subject to change, please, double check at the moment of booking.

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#### **HALF DAY TOUR – August 14, 2023, Monday**

#### «Welcome to the World of Nomads»

If you want to learn more about the history and culture of Nomads, and their customs and traditions, we invite you to take part in our one-day ethnic tour.

According to the program of the tour, you will meet with real Berkutchi and make a memorable photo with a berkut (golden eagle). Then after riding horses and shooting archery , you would feel like a real Nomads. By taking part in the ceremony of "Tusau kesu" (circumcision of fetters), you will get acquainted with the traditions of Nomads. Through listening dombra, playing national games and dancing national dances you will

feel the spirit of the Great Steppe ".

Over a large dastarkhan (dastarkhan is the name used across Central Asia to refer to the traditional space where food is eaten), you will taste national cuisine and even take part in a master class on frying baursaks and making kurt.

Also master class on national musical instruments can be arranged as per request.

#### **PRICE ON REQUEST**

#### 1 DAY TOUR - August 15, 2023, Tuesday

**Sightseeing tour in Astana. "Astana - the City of Peace"** - the sightseeing tour along the new part and the old part of the city (right and left bank of the River Yessil) with visits to the main attractions.

The program of the sightseeing tour includes visits to fascinating and iconic places of the capital. During the tour the visitors will get acquainted with the history of the city, the architects who contributed to the development of the city! About life, culture and traditions of Kazakh people, future prospects of the city and much more.

Independence Square tour.

Visiting National Museum of the Republic of Kazakhstan - the largest museum in the country.

Lunch

Visiting "Astana-Bayterek" monument. Astana Bayterek Monument is not only the main attraction of Astana but also one of the most significant symbols of Kazakhstan. The idea of creating the monument belongs to Nursultan Nazarbayev. Bayterek symbolizes the state that saved historical roots with a firm support and aspirations for the future prosperity.

Visiting EXPO-2017/ Nur Alem Pavilion. The architectural symbol of Astana EXPO- 2017 is Nur Alem, the central element of the Exhibition Complex and the Museum of Future Energy. It is one of the world's largest spherical building with the diameter of 80m and height of 100 m.

Visiting Astana's Central mosque. Astana's Central mosque is one of the 10 largest mosques in the world, and occupies the area of 68 062 m <sup>2</sup>, able to house up to 235,000 people. The colossal building resembles an oriental palace, which construction involved over 1,500 builders and masters, who jointly created the most beautiful landmark of Astana.

Number of people	Price per person in USD
1	232
2	140
3	119
4	101
5	90
6	83
7	78
8	74
9 - 11	70
12 - 24	65
25 - 37	60
38 - 49	55

#### The price includes:

- Transport according to the program for 8 hours;
- English/Chinese/Russian/Spanish speaking guide;
- Entrance fees to all objects according to the program;
- Water 1 liter per person per day.

#### **Tour Price Excludes:**

- International and domestic flights;
- Food;
- Hotel accommodation;
- Any extra activities and services not included in the program;
- Personal expenses.

\*The price is subject to change, please, double check at the moment of booking.

\*\*EMPIRE TRAVEL QAZAQSTAN reserves the right to make changes to the program content if the circumstances so require.



#### 1 HOUR TOUR – August 15, 2023, Tuesday

Arba Wine is not just another wine producer. These are organic vineyards lying in the unique terroir of the foothills of the Zailiysky Alatau, the Turgen River valley, 1000 meters above sea level. These heights are considered the most favorable for growing grapes. The village of Karakemer is located in a unique area, which is one of the largest areas in the world where grapes are cultivated in the so-called antique way. The winery has a number of prestigious international awards, and you can find their products in many Michelin-starred restaurants around the world. Therefore, if you are still not familiar with it, it's time to fix it! Empire Travel Qazaqstan organizes degustation tour to Arba Wine vinoteque. During the tour, you will get acquainted with the products of Arba Wine, see for yourself the quality of local wines during tasting and you will spend a great time.

#### Standard degustation

The tasting set includes 6 positions of wines. The duration of the tasting is usually 30-40 minutes.

#### It includes:

- Transfer
- Degustation of wines
- Cheese and cold cuts
- Guide

From 11:00 am to 10:00 pm

**PRICE ON REQUEST** 



# $\leq$ GUSTATION

#### **HALF DAY TOUR – August 16, 2023, Wednesday**

**Sightseeing tour in Astana. "Astana - the City of Peace"** - the sightseeing tour along the new part and the old part of the city (right and left bank of the River Yessil) with visits to the main attractions.

The program of the sightseeing tour includes visits to fascinating and iconic places of the capital. During the tour the visitors will get acquainted with the history of the city, the architects who contributed to the development of the city! About life, culture and traditions of Kazakh people, future prospects of the city and much more.

Independence Square tour.

Visiting National Museum of the Republic of Kazakhstan - the largest museum in the country.

Number of people	Price per person in USD
1	156
2	98
3	84
4	74
5	67
6	63
7	60
8	58
9 - 11	55
12 - 24	52
25 - 37	49
38 - 49	47

#### The price includes:

- Transport according to the program for 4 hours;
- English/Chinese/Russian/Spanish speaking guide;
- Entrance fees to all objects according to the program;
- Water 1 liter per person per day.

#### **Tour Price Excludes:**

- International and domestic flights;
- Food;
- Hotel accommodation;
- Any extra activities and services not included in the program;
- Personal expenses.

\*The price is subject to change, please, double check at the moment of booking.

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#### **HALF DAY TOUR – August 16, 2023, Wednesday**

#### Tour to Alzhir memorial complex, located 40 km away from the city.

Alzhir was the biggest concentration camp in USSR for country traitors' wives and their children. In the first half of 20th century a monstrous tragedy on all cruelty and by a scale developed on the long-suffering Kazakh earth. Soviet power, as it seemed, was acknowledged to set the world, justice and equality, good and light, brought enormous suffering to the people. The totalitarian mode crippled the fates of millions of people.

Powerful structures actively intruded in the life of any family and individual. Getting equal political rights in a number of legislative acts, women equally with men were subjected to repression and isolated from society. The same articles of prosecution as for men were foreseen for them, but there was one article on which only women could serve in jail – who were CHSIR-(members of families of traitors of motherland). Not committing crime, they had to serve sentence in special camps only for the fact that they were mothers, wives, sisters, and daughters of those, who was accused of betrayal of Motherland.

Concentration camp was built in the middle of vast Kazakh steppe in 1938 and stopped functioning in 1953, the year Stalin died. For 15 years, just as much as 20,000 women were brought to the camp from different regions of USSR. In 2007, memorial complex was opened on the territory of the former camp Alzhir to commemorate those who have fallen under Stalin repressions.

In the evening, return to Astana.

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Number of people	Price per person in USD
1	164
2	102
3	85
4	74
5	67
6	62
7	59
8 -11	57
12 - 24	54
25 - 37	49
38 - 49	46

#### The price includes:

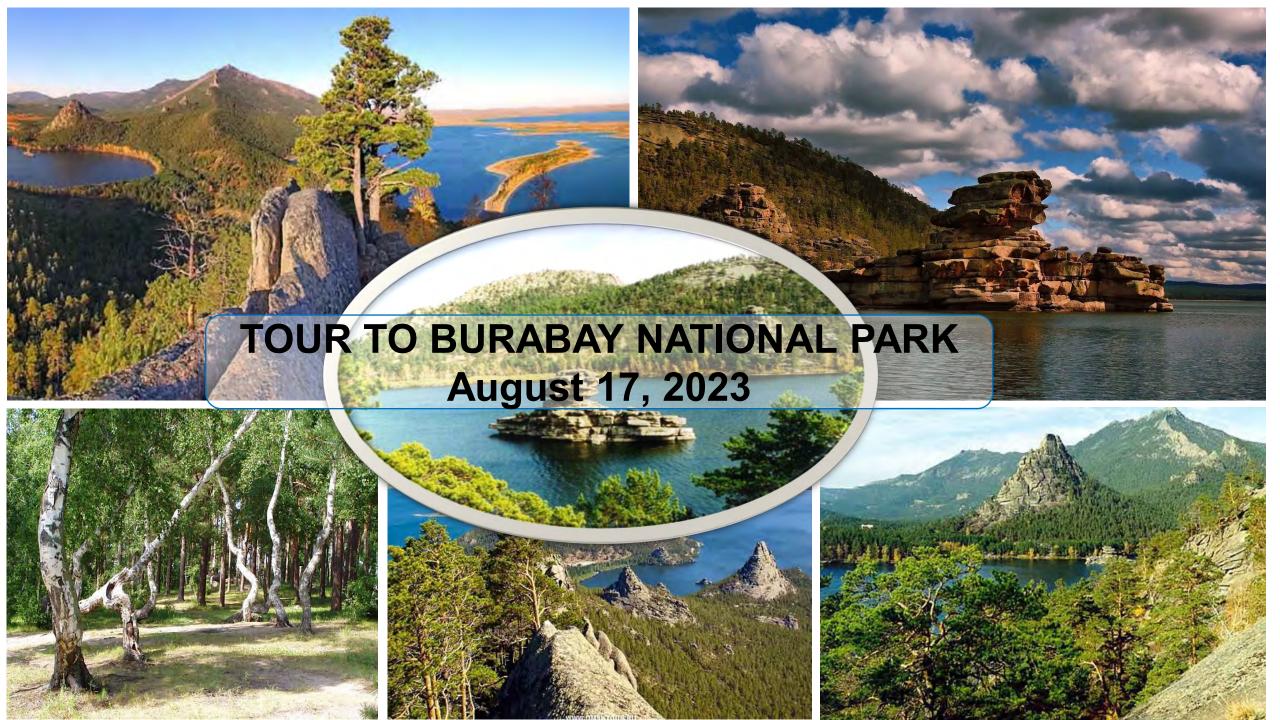
- Transport according to the program for 4 hours;
- English/Chinese/Russian/Spanish speaking guide;
- Entrance fees to all objects according to the program;
- Water 1 liter per person per day.

#### **Tour Price Excludes:**

- International and domestic flights;
- Food;
- Hotel accommodation;
- Any extra activities and services not included in the program;
- Personal expenses.

\*The price is subject to change, please, double check at the moment of booking.

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#### 1 DAY TOUR – August 17, 2023, Thursday

#### One day tour to Burabay National Park

Among the vast grassy steppes of Kazakhstan Mother Nature has created a miracle - the generous hand throws around the scenic mountains and bizarre rocks, spreads a carpet of emerald pine and birch forests and flowering meadows, the cleanest lakes with clear blue water and babbling springs. People call this oasis "Pearl of Kazakhstan" and "Kazakhstani" Switzerland". Burabay State National Natural Park (Borovoye) is a real oasis - combination of mountains, coniferous forest and lakes makes not only the unique beauty of landscapes but peculiar medicinal climate. There are 14 big lakes on the park territory and a great number of smaller lakes. Sightseeing tour around the park. Visiting Abylaykhan Valley with amazing Ush-kyz, Okzhetpes, Zhumbaktas rocks and Kokshetau mountain, each having the surprising legends, reflecting history and identity of the Kazakh people. Climbing up Bolektau mountain 147 m (easy level, without special equipment) to see the area from a bird's eye view. Nature amazingly created a real observation platform that offers views of Lake Burabay and Bolshoye Chebachye, Zhumbaktas rock, Okzhetpes mountain and Blue Bay. Visiting archaeological and ethnographic open-air museum "Botay-Burabay" which tells about one of the most significant achievement of the humankind-horse domestication.

















#### **Crimean Bath Day**

We would like to invite you to have relaxation program in Crimean bath, to relax and get real pleasure in a bathing complex, which offers a set of procedures called "dancing birch".

#### It includes:

- Aromatherapy,
- Breathing exercises,
- Circular steaming in the sauna,
- Wrapping with steamed birch brooms\*\*\* and a seaweed mattress,
- Honey ladka\*\*\*
- Contrast shower,
- Body polishing with birch brooms and honeydew foam,
- Watering with fermented water,
- Face and hair mask.

Doctors believe that one such bath procedure can replace sports training. This bath empties toxins and slag, strengthens immunity, triggers self-repair processes, relieves tension and provides energy supply. A sense of peace, deep relaxation, peace of mind and self-confidence – this is what this bath gives.

Start of procedures. During 2 – 3 hours there are 3-4 visits to the bath for 7-15 minutes each. The first rounds is warming up. The bath attendant pours herbal infusion on the hot stones, the guests inhale essential oils, get used to the temperature. It is important to keep warm and breathe well. After – going out into the fresh air and drinking herbal tea.

#### Wrapping with steamed birch brooms\*\*\*

How does a **broom** "work"? In the bath, at a high temperature, blood circulation increases, the pores of the skin open, the body removes all harmful substances. A steamed broom releases phytoncides - natural antibacterial substances and essential oils that soften and moisturize the skin. After the procedure with brooms – welcome to dousing with a cold water, which improves your well-being, "tempering" health and boosts good mood.. The procedure allows you to improve blood circulation, mobilize the protective functions of the body, metabolic processes. After this you can enjoy time in heated bath tub with herbs and fragrant flower petals.

#### Honey ladka\*\*\*

One of the unique ancient methods of our ancestors, which has, perhaps, the widest range of applications, is the "Honey Ladka" or "Crimean Honey Massage", as it began to be called in pseudo-scientific and medical circles of the 20th century.

The beliefs of trikh grandmothers (folk masseuses and chiropractors), as well as the observations of doctors from different countries, agree on one thing: a simple and accessible practice at any age can be applied in a variety of cases: to cleanse the skin, relieve muscle tension, prevent and stop inflammatory processes ligaments, muscles, joints, intervertebral spaces, internal organs.

Also actively used by our ancestors "Honey Ladka" in cosmetology to restore skin elasticity, prevent the formation of wrinkles, peeling.

After a visit to this bath you can feel the harmony with your body and with nature.

**PRICE ON REQUEST** 





## Contacts: Empire Travel Qazaqstan

info@etq.kz +7 7172 26 91 92 +7 702 882 82 25 18, Kerei Zhanibek Khandar Str. 1st floor, office 109 Astana city, Qazaqstan







#### Dear All,

Please kindly check all tour programs, in case you want to change the dates of the program, we can arrange your trip individually.

You can send us all your preferences and bookings at the following email: <a href="mb@etg.kz">mb@etg.kz</a>

WhatsApp: +7702 882 8225

Best regards, EMPIRE TRAVEL QAZAQSTAN



August 19, 2023, Saturday

Sightseeing tour "Almaty - bright colors of the southern capital"

The duration of the tour is 4h

The season is all year round.

Transport: comfortable transport according to the number of people.



#### Excursion program:

14:00 14:10 Gathering of the group, acquaintance with the guide.

Departure for a sightseeing tour of Almaty.

14:10-18:00 During the tour we will visit: Park 28 Panfilov with a visit of the Cathedral and Walk of Fame, Museum of Musical Instruments, Republic Square and Independence Monument, Abay Square and Kazakhstan Hotel, Rakhat Chocolate Factory shop and Local Market Zilyoni -Bazar.

You can buy Chocolates from Rakhat Chocolate Factory shop; can buy Dry Fruits at cheap rates and some souvenirs from Zilyoni Bazar.

Kok Tobe Park.

Departure to the hotel.

#### Remarks:

the time indicated is indicative;

• the program of the excursion can change depending on the wishes, the places of visit and the duration of the excursion can change;



# • Description of the excursion

Due to its unique location - in a necklace of emerald-blue mountains with snow-capped peaks of the Trans-Ili Alatau. Almaty is a true pearl of Kazakhstan, an international tourist center. During the tour you can visit:

Republic Square - the main square of the city - the venue for festive processions, celebrations, holidays, parades, folk festivals. In the center of the square in 1996, the Monument of Independence was erected, which is an 18-meter obelisk, which is crowned with the figure of a Saka warrior - an exact copy of the "Golden Warrior" with a winged leopard running nearby. The whole complex of the monument tells about the main, epoch-making events in the history of Kazakhstan. Park named after 28 Panfilov Heroes. There are three unique objects in the park. The first - the Cathedral - a monument of wooden architecture, built in 1904-1907 by the architect A.P. Zenkov. The second is the Memorial of Glory, built in 1975 for the 30th anniversary of the Victory in the Great Patriotic War. Climb to the observation deck ''Kok-Tobe'' - this park is located on the top of the mountain. The cable station at the foot of the mountains is located next to the Abai Square and the Palace of the Republic, surrounded by fountains and immersed in the greenery of squares. Six minutes of enthusiastic flight in a cabin on a cable car, and you are on top of Kok Tobe Mountain, one of the symbols of Almaty. "Kok Tobe" is a mountain park with a mini-zoo, restaurants, attractions and souvenir shops, surrounding the Almaty TV tower. But the main attraction here is a spectacular panoramic observation deck that offers a breathtaking view of the city and the ridges of the Zailiyskiy Alatau.

Return to the hotel.



## Cost of the program of 4h sightseeing tour in USD

Number of people in the group	Cost per person in <u>USD</u>
1	200
2	123
3	104
4	89
5	81
6	75
7	71
8	68
9-11	65
12-23	61
24-28	57
29-36	55
37-42	52

#### The price includes:

- Comfortable transport;Guide;Entrance tickets to objects;Water 1 liter.

### The price does not include:

- Lunch (from 15\$ per person, can be arranged in advance) Other expenses.

#### **Additional information:**

Be sure to wear comfortable clothes and shoes, a hat, sunglasses, a camera and bring with you a good mood (3)







"The Hunns" ethno-village is surrounded by ever green trees, mountain rivers and high peaks in the picturesque Talgar gorge. The recreation center can be called a time machine that will take you into the past, into the world of nomads and help you learn more about their life and customs.

The ethno-village has everything for comfortable and interesting pastime, local yurts, a hostel, canteen with traditional dishes, a spacious area for walking. Here you will also see theatrical performances, tricks, rituals, equestrian games and folk dances.

**09:40** Departure from the meeting point

11:00-11.10 Welcome greeting by two warriors wearing the armors designed in the style of Saka Period and the hostess greeting the guests with a national ritual called Shashu.

11.10-11.30 Baursaks Kazakh puffy bread master class cooking 10 min.

11.30-12.00 Acquaintance with the construction of a Kazakh yurt and its sacral meaning for a nomad. Acquaintance with old time Kazakh housekeeping duties: whisking wool, spindle yarn making, hand flour grinding, baby lullabying in Besik (cradle), Tusau Kesu.

12.00-12.40 Sarbaz Nomad Group performance. National Horse Games: Jigitovka - horseback riding with acrobatic elements.

Atpen audaryspak (struggling and pushing a rival while horseriding).

Kyz kuu game (chasing a girl by horse for kissing her, in case of failure she lashes him) Kara Zhorga (traditional Kazakh dance).

Horseback riding.

13.00-14.00 National cuisine lunch (plov, fresh salad, tea, water).

14.00-14.30 National archery master class

14:30-16:00 Leisure time (You can rent national Kazakh dresses and costumes and have photo shooting for additional payment). You can rent a horse for horseback riding

16:00 Departure



## Cost of the program of 6h Ethno-village tour in USD

Number of people in the group	Cost per person in <u>USD</u>
1	252
2	167
3	146
4	130
5	123
6	116
7	111
8	108
9-11	104
12-21	100
22-28	98
29-43	95

#### The price includes:

- Comfortable transport;Guide;Entrance tickets;Water 1 liter.Lunch

#### The price does not include:

Other expenses.

#### **Additional information:**

Be sure to wear comfortable clothes and shoes, a hat, sunglasses, a camera and bring with you a good mood (a)



# August 20, 2023, Sunday

Sightseeing tour "Almaty - bright colors of the southern capital"

The duration of the tour is 8h

The season is all year round.

Transport: comfortable transport according to the number of people.



**09.30** Gathering. Acquaintance with the tour guide.

10.00 Departure to the Park 28 Panfilov. Excursion in the park, sightseeing of the Cathedral, Walk of Fame, visiting the museum of musical instruments, the museum of the city of Almaty.

Rakhat Chocolate Factory shop and Local Market Zilyoni Bazar.

You can buy Chocolates from Rakhat Chocolate Factory shop; can buy Dry Fruits at cheap rates and some souvenirs from Zilyoni Bazar or Visit to Kazakh Jewelry Shop/ Souvenirs shop.

13:00 Lunch

In continuation of the tour, we will visit Republic Square, the Medeo high-mountain complex, take the funicular to Shymbulak to Talgar peak at an altitude of 3,200 m above sea level

17:00 Descent from the mountain by cable car, return to the hotel.

## Remarks:

- the time indicated is indicative:
- the program of the excursion can change depending on the wishes, the places of visit and the duration of the excursion can change;



# • Description of the excursion

Due to its unique location - in a necklace of emerald-blue mountains with snow-capped peaks of the Trans-Ili Alatau. Almaty is a true pearl of Kazakhstan, an international tourist center. During the tour you can visit:

Republic Square - the main square of the city - the venue for festive processions, celebrations, holidays, parades, folk festivals. In the center of the square in 1996, the Monument of Independence was erected, which is an 18-meter obelisk, which is crowned with the figure of a Saka warrior - an exact copy of the "Golden Warrior" with a winged leopard running nearby. The whole complex of the monument tells about the main, epoch-making events in the history of Kazakhstan

The world-famous high-mountain complex "Medeu" is located 25 kilometers from Almaty at an altitude of 1700 meters above sea level.

Legendary skating rink with a huge area of artificial ice field; a mighty dam with a breathtaking view; steep mountains covered with dense coniferous forest - this is only the first thing that catches your eye. Clean mountain air and birdsong, almost always bright sun and picturesque greenery of the slopes will leave bright memories and colorful photographs about the Medeu tract.

Park named after 28 Panfilov Heroes. There are three unique objects in the park. The first - the Cathedral - a monument of wooden architecture, built in 1904-1907 by the architect A.P. Zenkov.

The second is the Memorial of Glory, built in 1975 for the 30th anniversary of the Victory in the Great Patriotic War. The third is a building - a monument of wooden architecture, where the Republican Museum of Musical Instruments is located.



Museum of the History of the City of Almaty - This is one of the first city museums created in the post- Soviet era in our state. Today the museum collection has about 35,000 exhibits reflecting various issues of the history of the city and the region of Zhetysu.

The Palace of the Republic and Abay Square near the palace, which adjoins a whole complex of buildings, squares and fountains.

Driving along the central streets of the city, you can also get acquainted with such culturally significant objects of the southern capital as: the building of the Republican Russian Academic Drama Theater named after. M. Yu. Lermontov, the National Library of the Republic of Kazakhstan, a sports complex consisting of the Sports Palace and the Central Stadium; Academic city, the Kazakh Circus, as well as the Kazakh Academic Drama Theater. M. Auezov and the Opera and Ballet Theater named after him.



# Cost of the program of 8h sightseeing tour in USD

Number of people in the group	Cost per person in <u>USD</u>
1	277
2	165
3	139
4	117
5	104
6	96
7	89
8	85
9-11	81
12-23	76
24-28	70
29-35	67
36-42	64

#### The price includes:

- Comfortable transport;
- Guide;
- •Entrance tickets to objects; •Water 1 liter.

#### The price does not include:

- Lunch (from 15\$ per person, can be arranged in advance)
- Other expenses.

#### **Additional information:**

Be sure to wear comfortable clothes and shoes, a hat, sunglasses, a camera and bring with you a good mood 😂





# Tour program:

The driver and guide will pick you up from hotel
Transfer to the location of the baths
Horseback riding (1-2 hours)
Start of procedures (duration of procedures from 3 to 5 hours)
Lunch or dinner (optional)
Transfer to Almaty

Before start of saki baths procedures you can enjoy the wild nature and ride horses.

## Remarks:

- Duration of the route: 1h 20m one way
- Tour length: 1 day program (from morning till evening)
- Transport: comfortable transport



# Description of the excursion

Saki baths are becoming increasingly popular in Kazakhstan. The first information about this type of bathing was found in the records of Herodotus, who described in detail how the Saki bath is arranged.

Doctors believSaki baths are becoming increasingly popular in Kazakhstan. The first information about this type of bathing was found in the records of Herodotus, who described in detail how the Saki bath is arranged.

Doctors believe that one such bath procedure can replace sports training. The Saki bath empties toxins and slag, strengthens immunity, triggers self-repair processes, relieves tension and provides energy supply. Usually such baths are located at the foot of the mountains or near rivers. A sense of peace, deep relaxation, peace of mind and self-confidence - this is what the Saki bath gives.

Due to the long heating of the Saki bath, the bath procedure must be ordered in advance.

After enjoyable horseback riding trip you will plunge into a completely different world. Where you forget about all the fuss. And at the end of these procedures, you will yourself feel reborn.

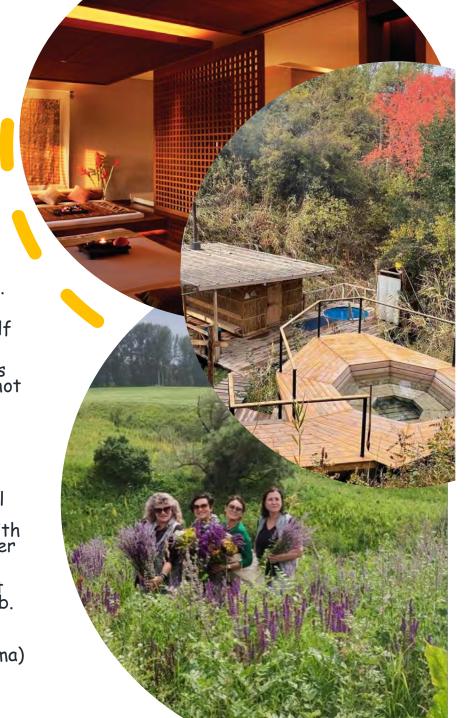
Start of procedures. During 2 - 3 hours there are five visits to the bath for 7-15 minutes each. The first 3 rounds is warming up. The bath attendant pours herbal infusion on the hot stones, the guests inhale essential oils, get used to the temperature. It is important to keep warm and breathe well. After - going out into the fresh air and drinking herbal tea.

The fourth round is honey salty peeling. After the bath - going out into the fresh air and drinking herbal tea.

The fifth step is to soar with brooms. How does a broom "work"? In the bath, at a high temperature, blood circulation increases, the pores of the skin open, the body removes all harmful substances. A steamed broom releases phytoncides - natural antibacterial substances and essential oils that soften and moisturize the skin. After the procedure with brooms - welcome to cool spring water tub, and for a snack - tea with jam and honey. After this enjoy time in heated vat with herbs and fragrant flower petals.

Other several rounds, the steam temperature is maximum: +80 degrees. Such a deep heat warms up "to the bones." Afterwards, it is advised to plunge into the cool spring water tub.

For lunch or dinner there is a one dish at your choice (tastiest koktal, kuyrdak or dymlyama) with salad and herbal tea.



# Cost of the program of 6h Ethno-village tour in USD

Number of people in the group	Cost per person in <u>USD</u>
5	163
6	142
7	127
8	116
9	107
10	100
11	95

## The price includes:

- Comfortable transport;
- •Guide;
- •Water 1 liter.
- •Entrance fees in saki bath
- Yurt
- •Meal, tea, water
- Pealing
- Soaring

## The price does not include:

- Horseback riding
- Massage
- •Other expenses.

## **Additional information:**

 Be sure to wear comfortable clothes and shoes, a hat, sunglasses, a camera and bring with you a good mood



# August 22, 2023, Tuesday

Castles Valley in Charyn river canyon

The duration of the tour is 10-12 hours.

The season is all year round.

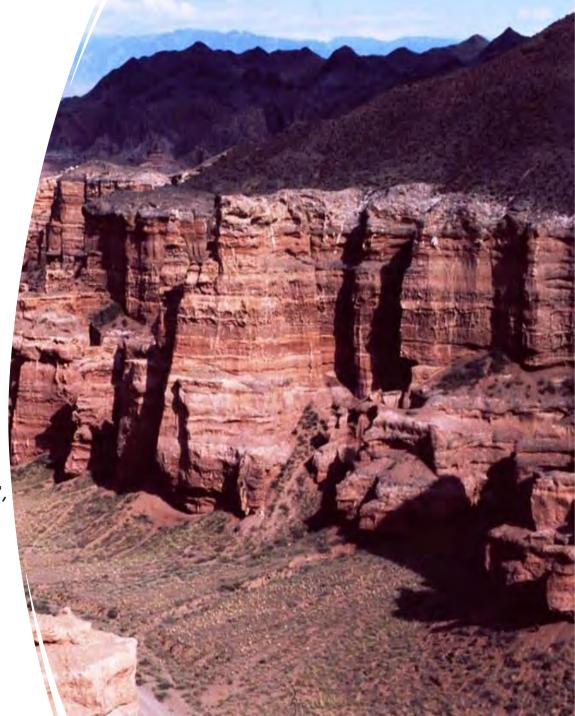
Transport: comfortable transport according to the number of people



07:30	Meeting and muster of excursionists. Acquaintance with the guide
08:00	Start of the trip to "Castles Valley"
12:00	Arrival to "Castles Valley", Walking excursion over the canyon 16:30 Muster at the bus. Departure
20:00	Return to Almaty.

## Remarks:

- the time indicated is indicative;
- the program of the excursion can change depending on the wishes, the places of visit and the duration of the excursion can change;
- Distance by motor transport: 400 km by asphalt road, 25 km by earth road.
- Walking part: 4 km.



# • Description of the excursion

Excursion to visit the Charyn canyon which is 200 km away from Almaty. Road to the "Castles Valley" comes across Sogety valley, spread between Ketmen and Ulken-Bogetty ridges. Poets call this place "workshop of a sculptor named Wind", Kazakhstan tourists consider it to be one of the most exotic leisure locations of these parts, and rafters say this place is a heaven for extreme sport lovers. This is a "lost world" which is impossible to walk on by without looking inside.

The Canyon is a unique monument of nature, where the millenniums of weathering processes in sedimentary rocks has created specific relief forms - residual mountains looking like poles, giant columns, towers, chapels. The canyon's length is 150 km, "Castles Valley" is more than 2 km long, depth down to 200 meters. There is completely no topsoil in the area, residuals are without any vegetation. In the canyon's bottom there are traces of temporary water flows. Plants such as bushes of Siberian pea shrub, tamarisk, saxaul, Asiatic poplar and ephedra can be found here. Among animals - rock partridge, sand lances, hares.



# Cost of the program of 12h Charyn tour in USD

Number of people in the group	Cost per person in <u>USD</u>
1	399
2	228
3	171
4	142
5	125
6	114
7	106
8	100
9-11	94
12-23	86
24-28	81
29-36	76
37-42	72

## The price includes:

- Comfortable transport;
- Guide;
- •Environmental charges in the nat. park;
- •Water 1 liter.
- Lunch

## The price does not include:

Other expenses.

## **Additional information:**

 Be sure to wear comfortable clothes and shoes, a hat, sunglasses, a camera and bring with you a good mood



# August 22-23,2023, Tuesday-Wednesday

Charyn Canyons and Mountain Lakes 2 days

Tour thread: Almaty - Charyn - Kolsai lake - Kaiyndy lake - Almaty

The duration of the tour is 2 days / 1 night.

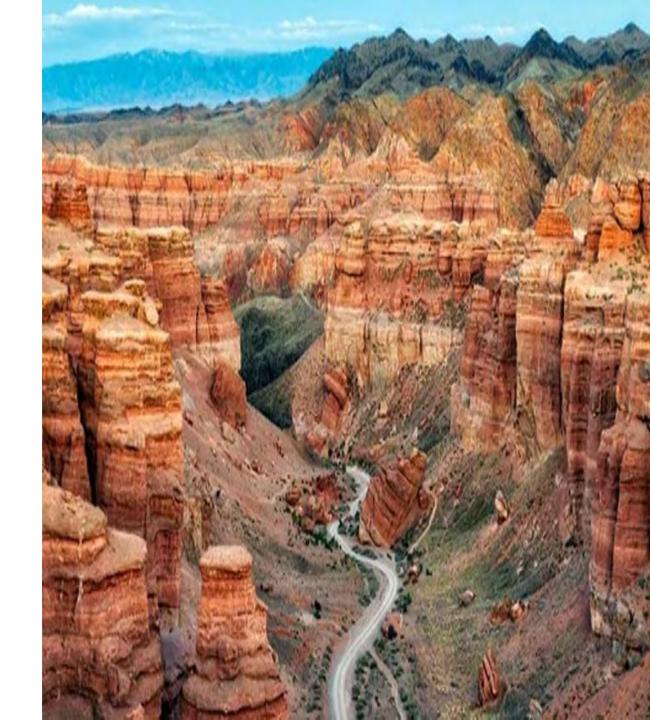
The season is all year round.

Transport: comfortable transport according to the number of people



# Day 1

09:00	Departure for the excursion "Charyn Canyons"
12:30	The beginning of the excursion with a visit to: the valley of castles, the Kurtogay tract, the Lunar Canyon and the stone shelf.
	Lunch by the river (lunch boxes)
13:30	Departure to the village of Saty
17:00	Check-in at guest house.  dinner with master class on cooking national
19:00	dishes and playing national games after dinner.



# Excursion program: Day2

08:00 Breakfast.

09:00 Departure for an excursion to Kaiyndy Lake

10:00 Hiking to the lake (2.5 km)

13:00 Lunch at the guest house

14:30 Departure to Lake Kolsai 1

15:00 Walk around the area, catamaran ride (not included)

17:00 Departure to the city

21:30 Arrival in the city

## Remarks:

- the time indicated is indicative;
- automobile part 900 km,
- pedestrian part from 4 km





## • Description of the excursion

Every country has its own wonders of nature. And there are many of them in Kazakhstan. One of the most famous and beautiful natural attractions is the Charyn Canyon, located on the spurs of the Tien Shan, not far from the border with China.

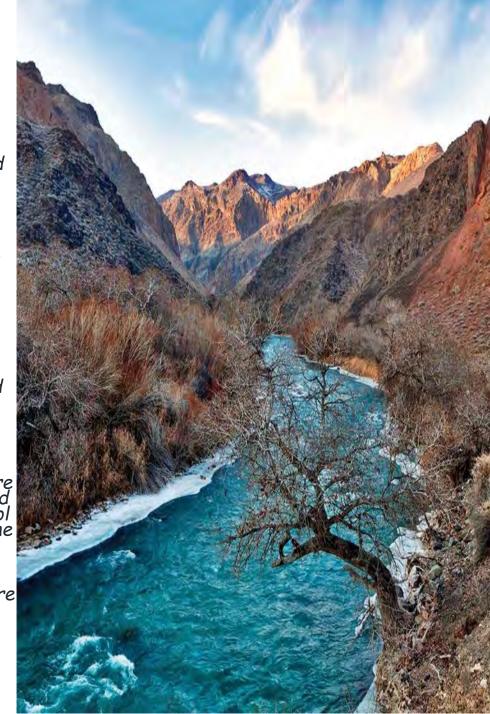
The road to the Charyn canyons lies through the Sogetinskaya valley, stretching between the mountain ranges of Ketmen and Ulken - Bogetty. Lunar (in Kazakh - Uzunbulak) canyon consists of clay. The shape and composition is very different from the famous canyon Valley of Castles. Yellow Canyon has great potential for walking and exploring. There are many options for great hiking. The canyon is called both Yellow (the color scheme matches) and Lunar (at night with a full moon, the canyon acquires magical illumination). With no moon and a clear sky, myriads of stars are visible at night, as well as the distinct Milky Way.

Canyon "Valley of Castles" Stone labyrinths excite the research instinct - in them you can find the prints of ancient plants and the remains of the skeletons of prehistoric creatures. And pleasantly tired of searching, you can always sit here by the friendly river in the openwork shade of coastal poplars.

This canyon is the creation of an inspiring duo of nature and time, approximately 12 million years old. It was and remains a classic of ecological tourism. Here, rocks of different colors, shapes and eras stand shoulder to shoulder, made of rocks that look completely different - one can only guess what long and grandiose processes preceded the formation of its current appearance.

Kolsai Lakes: this is a chain of the purest alpine lakes, the piercing color of the blue evening sky, wild coniferous forest, the aroma of resin and lush herbs - this is Kolsai. In the picturesque gorge of the Northern Tien Shan, where snow leopards roam and bird trills do not stop, the untouched beauty of nature and the careful work of man are intertwined. Comfortable paths lie between the shaggy paws of the Tien Shan firs, and cozy gazebos peep through the calm surface of the water. It is sweet to meet the cool dawns here, watching how the sparkling silver stars fade, one after another. And in the daytime, when peace reigns on the Kolsai lakes, it is pleasant to listen to the wind rustling over the forest.

Kungei-Alatau is rich in beautiful mountain lakes. In the gorge, next to the Kolsai, there is a lake "Kaindy". The road to it lies through a large birch grove, thanks to which this gorge got its name. "Kaiyn" in translation from Kazakh - "birch". The beautiful history of Kainda began about 200 years ago, when an earthquake created a blockage on the river. The water flooded the gorge, but some of the fir trees still cling tightly to the bottom, showing bare trunks above the surface.



# Cost of the program of 2 days Charyn tour in USD

Number of people in the group	Cost per person in <u>USD</u>
1	742
2	418
3	310
4	256
5	223
6	209
7	193
8	180
9-10	169
11-13	157
14-18	145
19-24	136
25-33	127
34-42	118

### The price includes:

- Comfortable transport;
- •Guide;
- •Environmental charges in the nat. park;
- •Water 1 liter.
- Meal
- Accommodation in a guest house

## The price does not include:

• Other expenses.

## **Additional information:**

 Be sure to wear comfortable clothes and shoes, a hat, sunglasses, a camera and bring with you a good mood



# Visit to Arba Wine

The duration of the tour is 7-8 hours.

Transport: comfortable transport according to the number of people.

Lunch included



08:45	Gathering of participants at the collection po	int
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09:00 Departure to the winery in the village of Karakemer

10.30 Arrival, sanitary break

10:45 - 12:45 Arba Wine tour with wine tasting in the wine cellar

13:00 Arrival at the vineyards

13:00 - 14:00 Lunch

**14:00** Departure to the city

15:30 Arrival in the city



The minimum number of guests for the tour is 28 people. Price per person is 92\$

# The price includes:

Round trip transfer, excursion, tasting of 6 types of wine, lunch in the vineyard.

August 23, 2023, Wednesday

Issyk Lake and Turgen Waterfalls

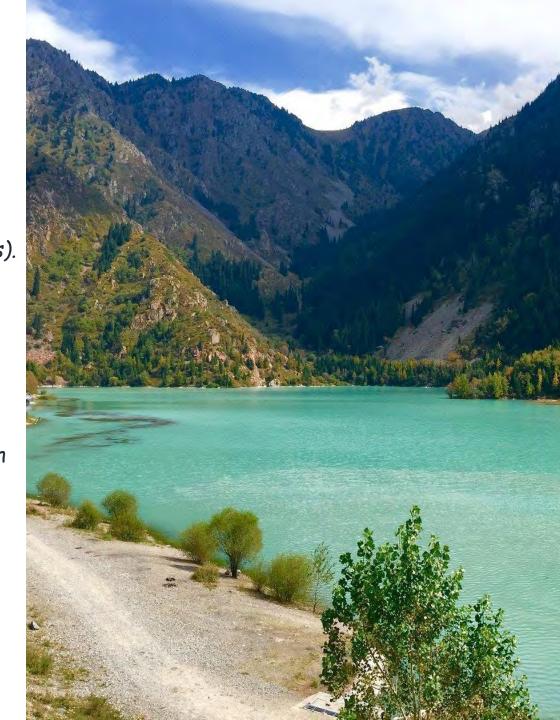
The duration of the tour is 8-9 hours

Transport: comfortable transport according to the number of people.



08:30	Meeting and gathering of tourists. Acquaintance with the guide.
09:00	Departure to Issyk Lake.
11:30	Arrival to the lake, excursion, free time.
12:30	Transfer to the Turkmen waterfall, lunch (lunch boxes
14:00	Hiking to the waterfall «Bear»
15:30	Departure to the trout farm
16:00	Trout farm tour (30 minutes)
16:30 19:30	Departure to Almaty on the way we will visit an ostrich farm.  Arrival in the city.

- Remarks:
- the time indicated is indicative;
- Length by road: 150 km Walking distance: 5 km



## • Description of the excursion

Lake Issyk is located 70 kilometers from Almaty. The lake was formed 8 thousand years ago as a result of a grandiose mountain collapse, which created a natural dam 300 meters high. Lake Issyk is located at an altitude of 1780 meters above sea level and is surrounded by extremely beautiful nature.

This route runs along a segment of the Great Silk Road, and also lies through the very heart of the history of our ancestors, hidden in the Issyk mounds. These unique monuments of ancient civilization still contain a lot of unsolved mysteries, and they are especially interesting. The Issyk burial ground consists of 45 large burial mounds stretching from north to south for 3 kilometers. In 1969, the ancient Saka mound Issyk, widely known throughout the world, was discovered here. Under him, in a grave lined with spruce logs, the remains of the Saka king in clothes made of pure gold were found. Now a small monument has been erected at the place where the "Golden Man" was found.

Then the route leads to the neighboring Turgen gorge, where the Turgen Waterfalls are located - one of the most visited tourist places in the Almaty region in the most beautiful gorge in the Ile-Alatau National Park. There are 7 waterfalls in the Turgen Gorge. The most visited of them are: the first "Bear" and the second "Kayrak". The excursion to the Turgen Waterfalls turns out to be more saturated, due to a visit to an Ostrich farm and a Trout farm along the way.



## Cost of the program of 9h tour in USD

Number of people in the group	Cost per person in <u>USD</u>
1	370
2	212
3	160
4	133
5	118
6	111
7	103
8	97
9-11	91
12-23	80
24-28	70
29-36	67
37-42	65

#### The price includes:

- Comfortable transport;
  Guide;
  Environmental charges in the nat. park;
  Water 1 liter.
  Lunch

#### The price does not include:

Other expenses.

#### **Additional information:**

Be sure to wear comfortable clothes and shoes, a hat, sunglasses, a camera and bring with you a good mood (3)

